

# STATIN SUPPORT™

## INGREDIENT CHART

|                     | SIGNS YOU'RE NOT GETTING ENOUGH  | ROLE OF NUTRIENT   |
|---------------------|--|--|
| <b>SULFORAPHANE</b> | <ul style="list-style-type: none"> <li>• High levels of inflammation can lead to symptoms of muscle pain and weakness</li> <li>• Fatigue</li> <li>• GI distress</li> <li>• Immune system imbalances</li> <li>• Headaches</li> <li>• Insulin resistance and more</li> </ul>   | <p>Sulphoraphane is a powerful regulator of the nrf2 system of antioxidants including glutathione, super oxide dismutas, catalase etc. to reduce oxidative stress to the body</p>  |
| <b>COQ10</b>        | <ul style="list-style-type: none"> <li>• Inflammation</li> <li>• Muscle pain &amp; weakness</li> <li>• Fatigue</li> <li>• Insulin resistance</li> <li>• Congestive heart failure</li> <li>• Liver dysfunction</li> <li>• Neurological problems</li> </ul>  | <ul style="list-style-type: none"> <li>• Major antioxidant</li> <li>• Mitochondrial health</li> <li>• Energy production</li> <li>• Reduce inflammation</li> <li>• Immune balance</li> <li>• Heart Health</li> <li>• Neurological health</li> <li>• Prevent LDL oxidation</li> </ul>  |
| <b>BIOPERINE</b>    | <ul style="list-style-type: none"> <li>• Poor absorption of nutrients</li> <li>• Lower serum levels of nutrients</li> </ul>  | <ul style="list-style-type: none"> <li>• Black pepper extract has clinically demonstrated to significantly increase the absorption of nutrients leading to higher levels in the bloodstream.</li> <li>• Increases absorption of Coq10 at 30% with 21-day supplementation</li> <li>• Serum levels of selenium increased by 30% after 14-days</li> </ul> |
| <b>SELENIUM</b>     | <ul style="list-style-type: none"> <li>• Inflammation</li> <li>• Muscle pain</li> <li>• Brain Fog</li> <li>• Poor immune function</li> <li>• Low thyroid function</li> </ul>   | <ul style="list-style-type: none"> <li>• Anti-inflammatory</li> <li>• Anti-aging</li> <li>• Brain Function</li> <li>• Robust immune system</li> </ul>  |
| <b>ZINC</b>         | <ul style="list-style-type: none"> <li>• Nerve pain</li> <li>• Altered immunity</li> <li>• Brain fog &amp; poor memory</li> <li>• Inflammation &amp; pain</li> <li>• Altered mood</li> <li>• Diarrhea</li> <li>• Thyroid problems (hair loss, feeling cold, thinning eyebrows, irritability, sleep disruption, brittle nails, dull, dry hair)</li> </ul> | <ul style="list-style-type: none"> <li>• Nervous system health</li> <li>• Robust Immune system</li> <li>• Brain Function - memory</li> <li>• Anti-inflammatory</li> <li>• Mood</li> <li>• Healthy digestion</li> <li>• Libido (testosterone production)</li> <li>• Thyroid function</li> <li>• Digestive health</li> </ul>                             |
| <b>VITAMIN K2</b>   | <ul style="list-style-type: none"> <li>• Poor bone health</li> <li>• Calcification of tissues (vessels, joints, skin, kidneys, eyes)</li> <li>• Immune system imbalances</li> <li>• Accelerated skin aging</li> </ul>  | <ul style="list-style-type: none"> <li>• Bone health</li> <li>• Inhibiting calcification of blood vessels and other tissues (GLA protein)</li> <li>• Heart health</li> <li>• Immune system health</li> <li>• Slowing skin aging</li> </ul>   |